

Caritas of Austin Pantry Wish List



This year, Caritas of Austin will provide enough take-home groceries from our pantry for 45,000 meals. Conduct your own grocery card, food, or hygiene item drive in your neighborhood, business, school, or church to help us meet this goal. *We can only accept unopen/unused and food that has not yet expired.*

If you are interested in hosting a food or hygiene drive, please contact Melissa Ortiz at mortiz@caritasofaustin.org or 512.646.1291.

FOOD ITEMS:

Canned mixed vegetables 15oz.
Canned beets 15oz.
Canned spinach 15oz.
Canned carrots 15oz.
Cooking oil 12oz.
Sugar 2lbs.
Salt 24oz.
White rice 1lb.
Dry beans (kidney, northern, black) 1lb.
Cereal of all kinds
Canned chicken 5oz.
Canned kidney beans 15oz.
Canned garbanzo beans 15oz.
Spaghetti sauce
Canned pineapple 20oz.
Reusable grocery bags

**Most needed items*

HYGIENE ITEMS:

Deodorant (men's and women's)*
Shampoo*
Conditioner*
Razors
Toothpaste
Bath soap
Diapers: sizes 4, 5, 6, and pull-ups

GIFT CARDS FOR EMERGENCY NEEDS:

H-E-B*
Walmart*
Target
Payless
Randall's

NOT NEEDED AT THIS TIME:

Toilet paper
Pinto beans
Ramen noodles
Canned green beans
Canned corn